## Designation of July as Park and Recreation Month

WHEREAS parks and recreation is an integral part of communities throughout this country, including Pinal County, promoting health, wellness and time spent in nature;

WHEREAS parks and recreation positively impacts mental health, cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimers; and

WHEREAS parks and recreation encourages physical activities by providing space for outdoor recreation, popular sports, and many other activities designed to promote active lifestyles; and

WHEREAS park and recreation programming and education activities, such as out-of-school time programming, youth sports and environmental education, are critical to childhood development; and

WHEREAS parks and recreation increases a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, the attraction and retention of businesses, and crime reduction; and

WHEREAS parks and recreation is fundamental to the environmental well-being of our community; and

WHEREAS parks and recreation provide adaptable infrastructure that makes our communities resilient in the face of natural disasters and climate change; and

WHEREAS our parks and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors; and

WHEREAS the U.S. House of Representatives has designated July as Parks and Recreation Month; and

WHEREAS Pinal County recognizes the benefits derived from parks and recreation resources.

NOW THEREFORE, BE IT RESOLVED BY the Pinal County Board of Supervisors that July is recognized as

## PARKS AND RECREATION MONTH

in Pinal County and do hereby commend the Pinal County Open Space, Trails and Regional Parks Department for the profound and enduring impacts they consistently make in our community.